



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Hartmut Wächter

Number: 155

Course: 0.49 km/Lap
Stundenlauf

Category:

Senioren M70 (70-74)

Total time: 59:26

Speed: 12.11 km/h

Running performance: 4:51 min/km

Laps: 25 (12.25 km)

Rank in course/Men: 13 (of 34)

Rank in category: 1(of 2)

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:16	4:37	1	-	10	0:27	0.49	2:16	4:37	1	-	10	0:27
Lap 2	0.49	2:19	4:43	2	0:05	14	0:24	0.98	4:35	4:40	2	0:02	15	0:51
Lap 3	0.49	2:21	4:47	2	0:05	14	0:27	1.47	6:56	4:42	2	0:07	14	1:18
Lap 4	0.49	2:22	4:49	2	0:03	15	0:28	1.96	9:18	4:44	2	0:10	14	1:46
Lap 5	0.49	2:23	4:51	2	0:04	19	0:28	2.45	11:41	4:46	2	0:14	15	2:14
Lap 6	0.49	2:21	4:47	2	0:01	14	0:25	2.94	14:02	4:46	2	0:15	14	2:39
Lap 7	0.49	2:21	4:47	1	-	15	0:25	3.43	16:23	4:46	2	0:13	15	3:04
Lap 8	0.49	2:21	4:47	1	-	15	0:26	3.92	18:44	4:46	2	0:11	14	3:30
Lap 9	0.49	2:21	4:47	1	-	13	0:24	4.41	21:05	4:46	2	0:07	14	3:54
Lap 10	0.49	2:24	4:53	2	0:01	16	0:27	4.90	23:29	4:47	2	0:08	14	4:21
Lap 11	0.49	2:24	4:53	2	0:02	14	0:29	5.39	25:53	4:48	2	0:10	14	4:50
Lap 12	0.49	2:26	4:57	1	-	15	0:28	5.88	28:19	4:48	2	0:10	14	5:18
Lap 13	0.49	2:23	4:51	1	-	15	0:26	6.37	30:42	4:49	2	0:07	14	5:44
Lap 14	0.49	2:24	4:53	1	-	13	0:30	6.86	33:06	4:49	2	0:05	14	6:14
Lap 15	0.49	2:24	4:53	1	-	13	0:30	7.35	35:30	4:49	2	0:03	14	6:44
Lap 16	0.49	2:24	4:53	1	-	14	0:28	7.84	37:54	4:50	1	-	13	7:12
Lap 17	0.49	2:24	4:53	1	-	13	0:26	8.33	40:18	4:50	1	-	13	7:38
Lap 18	0.49	2:24	4:53	1	-	14	0:31	8.82	42:42	4:50	1	-	13	8:05
Lap 19	0.49	2:25	4:55	2	0:03	14	0:29	9.31	45:07	4:50	1	-	13	8:34
Lap 20	0.49	2:24	4:53	2	0:02	14	0:27	9.80	47:31	4:50	1	-	13	9:01
Lap 21	0.49	2:23	4:51	1	-	12	0:27	10.29	49:54	4:50	1	-	13	9:28
Lap 22	0.49	2:23	4:51	1	-	12	0:26	10.78	52:17	4:51	1	-	13	9:54
Lap 23	0.49	2:22	4:49	1	-	12	0:26	11.27	54:39	4:50	1	-	13	10:20
Lap 24	0.49	2:23	4:51	1	-	14	0:26	11.76	57:02	4:50	1	-	13	10:46
Lap 25	0.49	2:24	4:53	2	0:01	14	0:27	12.25	59:26	4:51	1	-	13	11:13