



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Clara Solcher

Club: Laufladen Erfurt OCR Team

Number: 147

Course: 0.49 km/Lap

Stundenlauf

Category:

Seniorinnen W30 (30-34)

Total time: 58:36

Speed: 10.24 km/h

Running performance: 5:26 min/km

Laps: 22 (10.78 km)

Rank in course/Women: 7 (of 19)

Rank in category: 2(of 3)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.49	2:42	5:30	2	0:36	11	0:36	0.49	2:42	5:30	2	0:36	11	0:36
Lap 2	0.49	2:37	5:20	2	0:34	9	0:34	0.98	5:19	5:25	2	1:10	9	1:10
Lap 3	0.49	2:43	5:32	2	0:40	12	0:40	1.47	8:02	5:27	2	1:50	9	1:50
Lap 4	0.49	2:45	5:36	2	0:44	12	0:44	1.96	10:47	5:30	2	2:34	11	2:34
Lap 5	0.49	2:44	5:34	2	0:40	11	0:40	2.45	13:31	5:31	2	3:14	11	3:14
Lap 6	0.49	2:44	5:34	2	0:40	12	0:40	2.94	16:15	5:31	2	3:54	11	3:54
Lap 7	0.49	2:45	5:36	2	0:41	12	0:41	3.43	19:00	5:32	2	4:35	11	4:35
Lap 8	0.49	2:45	5:36	2	0:42	10	0:42	3.92	21:45	5:32	2	5:17	11	5:17
Lap 9	0.49	2:44	5:34	2	0:42	9	0:42	4.41	24:29	5:33	2	5:59	11	5:59
Lap 10	0.49	2:43	5:32	2	0:39	8	0:39	4.90	27:12	5:33	2	6:38	11	6:38
Lap 11	0.49	2:44	5:34	2	0:41	8	0:41	5.39	29:56	5:33	2	7:19	11	7:19
Lap 12	0.49	2:45	5:36	2	0:41	9	0:41	5.88	32:41	5:33	2	8:00	11	8:00
Lap 13	0.49	2:44	5:34	2	0:40	8	0:40	6.37	35:25	5:33	2	8:40	11	8:40
Lap 14	0.49	2:36	5:18	2	0:33	5	0:33	6.86	38:01	5:32	2	9:13	10	9:13
Lap 15	0.49	2:39	5:24	2	0:35	7	0:35	7.35	40:40	5:31	2	9:48	10	9:48
Lap 16	0.49	2:38	5:22	2	0:34	7	0:34	7.84	43:18	5:31	2	10:22	9	10:22
Lap 17	0.49	2:38	5:22	2	0:36	8	0:36	8.33	45:56	5:30	2	10:58	9	10:58
Lap 18	0.49	2:37	5:20	2	0:35	6	0:35	8.82	48:33	5:30	2	11:33	9	11:33
Lap 19	0.49	2:36	5:18	2	0:31	7	0:31	9.31	51:09	5:29	2	12:04	9	12:04
Lap 20	0.49	2:37	5:20	2	0:34	6	0:34	9.80	53:46	5:29	2	12:38	9	12:38
Lap 21	0.49	2:28	5:02	2	0:25	2	0:25	10.29	56:14	5:27	2	13:03	7	13:03
Lap 22	0.49	2:22	4:49	2	0:19	2	0:19	10.78	58:36	5:26	2	13:22	7	13:22