



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

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Club: Hügeltang

Number: 107

Course: 0.49 km/Lap

Stundenlauf

Category:

Seniorinnen W35 (35-39)

Total time: 58:30

Speed: 11.28 km/h

Running performance: 4:58 min/km

Laps: 24 (11.76 km)

Rank in course/Women: 2 (of 19)

Rank in category: 1(of 4)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.49	2:24	4:53	2	0:18	4	0:18	0.49	2:24	4:53	2	0:18	4	0:18
Lap 2	0.49	2:22	4:49	2	0:06	3	0:19	0.98	4:46	4:51	2	0:24	3	0:37
Lap 3	0.49	2:23	4:51	2	0:02	3	0:20	1.47	7:09	4:51	2	0:26	3	0:57
Lap 4	0.49	2:26	4:57	2	0:01	3	0:25	1.96	9:35	4:53	2	0:27	3	1:22
Lap 5	0.49	2:24	4:53	1	-	2	0:20	2.45	11:59	4:53	2	0:23	3	1:42
Lap 6	0.49	2:28	5:02	2	0:04	3	0:24	2.94	14:27	4:54	2	0:27	3	2:06
Lap 7	0.49	2:30	5:06	1	-	3	0:26	3.43	16:57	4:56	2	0:23	3	2:32
Lap 8	0.49	2:26	4:57	1	-	2	0:23	3.92	19:23	4:56	2	0:16	3	2:55
Lap 9	0.49	2:26	4:57	1	-	2	0:24	4.41	21:49	4:56	2	0:13	3	3:19
Lap 10	0.49	2:28	5:02	1	-	2	0:24	4.90	24:17	4:57	2	0:11	3	3:43
Lap 11	0.49	2:26	4:57	1	-	2	0:23	5.39	26:43	4:57	2	0:07	3	4:06
Lap 12	0.49	2:23	4:51	1	-	2	0:19	5.88	29:06	4:56	1	-	2	4:25
Lap 13	0.49	2:26	4:57	1	-	2	0:22	6.37	31:32	4:57	1	-	2	4:47
Lap 14	0.49	2:31	5:08	1	-	2	0:28	6.86	34:03	4:57	1	-	2	5:15
Lap 15	0.49	2:28	5:02	1	-	2	0:24	7.35	36:31	4:58	1	-	2	5:39
Lap 16	0.49	2:26	4:57	1	-	2	0:22	7.84	38:57	4:58	1	-	2	6:01
Lap 17	0.49	2:26	4:57	1	-	2	0:24	8.33	41:23	4:58	1	-	2	6:25
Lap 18	0.49	2:28	5:02	1	-	3	0:26	8.82	43:51	4:58	1	-	2	6:51
Lap 19	0.49	2:26	4:57	1	-	2	0:21	9.31	46:17	4:58	1	-	2	7:12
Lap 20	0.49	2:25	4:55	1	-	2	0:22	9.80	48:42	4:58	1	-	2	7:34
Lap 21	0.49	2:29	5:04	1	-	3	0:26	10.29	51:11	4:58	1	-	2	8:00
Lap 22	0.49	2:26	4:57	1	-	3	0:23	10.78	53:37	4:58	1	-	2	8:23
Lap 23	0.49	2:25	4:55	1	-	2	0:21	11.27	56:02	4:58	1	-	2	8:44
Lap 24	0.49	2:28	5:02	1	-	2	0:25	11.76	58:30	4:58	1	-	2	9:09