



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Anja Kleffel

Total time: 59:41

Number: 123

Speed: 8.04 km/h

Course: 0.49 km/Lap

Running performance: 6:46 min/km

Stundenlauf

Laps: 18 (8.82 km)

Category:

Rank in course/Women: 16 (of 19)

Seniorinnen W35 (35-39)

Rank in category: 4(of 4)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km		Total Time		Total min/km		Pos		Behind	
				Cat.	Women	Cat.	Women	Total km	Total Time	Total min/km	Cat.	Women	Cat.	Women			
Lap 1	0.49	2:52	5:51	4	0:46	14	0:46	0.49	2:52	5:51	4	0:46	14	0:46			
Lap 2	0.49	3:02	6:11	4	0:46	15	0:59	0.98	5:54	6:01	4	1:32	15	1:45			
Lap 3	0.49	3:09	6:25	4	0:48	15	1:06	1.47	9:03	6:09	4	2:20	15	2:51			
Lap 4	0.49	3:13	6:33	4	0:48	16	1:12	1.96	12:16	6:15	4	3:08	15	4:03			
Lap 5	0.49	3:18	6:44	4	0:54	16	1:14	2.45	15:34	6:21	4	3:58	15	5:17			
Lap 6	0.49	3:19	6:46	4	0:55	16	1:15	2.94	18:53	6:25	4	4:53	16	6:32			
Lap 7	0.49	3:20	6:48	4	0:50	16	1:16	3.43	22:13	6:28	4	5:39	16	7:48			
Lap 8	0.49	3:25	6:58	4	0:59	16	1:22	3.92	25:38	6:32	4	6:31	16	9:10			
Lap 9	0.49	3:27	7:02	4	1:01	16	1:25	4.41	29:05	6:35	4	7:29	16	10:35			
Lap 10	0.49	3:27	7:02	4	0:59	16	1:23	4.90	32:32	6:38	4	8:26	16	11:58			
Lap 11	0.49	3:30	7:08	4	1:04	16	1:27	5.39	36:02	6:41	4	9:26	16	13:25			
Lap 12	0.49	3:32	7:12	4	1:09	17	1:28	5.88	39:34	6:43	4	10:28	16	14:53			
Lap 13	0.49	3:30	7:08	4	1:04	16	1:26	6.37	43:04	6:45	4	11:32	16	16:19			
Lap 14	0.49	3:25	6:58	4	0:54	16	1:22	6.86	46:29	6:46	4	12:26	16	17:41			
Lap 15	0.49	3:25	6:58	4	0:57	16	1:21	7.35	49:54	6:47	4	13:23	16	19:02			
Lap 16	0.49	3:19	6:46	4	0:53	15	1:15	7.84	53:13	6:47	4	14:16	16	20:17			
Lap 17	0.49	3:09	6:25	4	0:43	15	1:07	8.33	56:22	6:46	4	14:59	16	21:24			
Lap 18	0.49	3:19	6:46	4	0:51	16	1:17	8.82	59:41	6:46	4	15:50	16	22:41			