



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Daniela Hofmann

Total time: 58:30

Number: 118

Speed: 10.26 km/h

Course: 0.49 km/Lap

Running performance: 5:41 min/km

Stundenlauf

Laps: 21 (10.29 km)

Category:

Rank in course/Women: 12 (of 19)

Seniorinnen W40 (40-44)

Rank in category: 5(of 6)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.49	2:59	6:05	6	0:38	15	0:53	0.49	2:59	6:05	6	0:38	15	0:53
Lap 2	0.49	2:45	5:36	4	0:21	11	0:42	0.98	5:44	5:51	5	0:57	13	1:35
Lap 3	0.49	2:41	5:28	5	0:14	9	0:38	1.47	8:25	5:43	5	1:07	13	2:13
Lap 4	0.49	2:43	5:32	5	0:14	11	0:42	1.96	11:08	5:40	5	1:21	13	2:55
Lap 5	0.49	2:39	5:24	4	0:09	9	0:35	2.45	13:47	5:37	5	1:29	12	3:30
Lap 6	0.49	2:42	5:30	5	0:13	11	0:38	2.94	16:29	5:36	5	1:42	12	4:08
Lap 7	0.49	2:44	5:34	5	0:18	11	0:40	3.43	19:13	5:36	5	2:00	12	4:48
Lap 8	0.49	2:45	5:36	5	0:15	10	0:42	3.92	21:58	5:36	5	2:15	12	5:30
Lap 9	0.49	2:45	5:36	4	0:16	10	0:43	4.41	24:43	5:36	5	2:31	12	6:13
Lap 10	0.49	2:46	5:38	5	0:17	11	0:42	4.90	27:29	5:36	5	2:48	12	6:55
Lap 11	0.49	2:44	5:34	4	0:15	8	0:41	5.39	30:13	5:36	5	3:03	12	7:36
Lap 12	0.49	2:45	5:36	5	0:11	9	0:41	5.88	32:58	5:36	5	3:14	12	8:17
Lap 13	0.49	2:46	5:38	5	0:13	10	0:42	6.37	35:44	5:36	5	3:27	12	8:59
Lap 14	0.49	2:49	5:44	5	0:16	11	0:46	6.86	38:33	5:37	5	3:43	12	9:45
Lap 15	0.49	2:43	5:32	5	0:10	10	0:39	7.35	41:16	5:36	5	3:53	12	10:24
Lap 16	0.49	2:47	5:40	5	0:15	11	0:43	7.84	44:03	5:37	5	4:08	12	11:07
Lap 17	0.49	2:50	5:46	5	0:20	11	0:48	8.33	46:53	5:37	5	4:21	12	11:55
Lap 18	0.49	2:54	5:55	5	0:27	12	0:52	8.82	49:47	5:38	5	4:38	12	12:47
Lap 19	0.49	2:54	5:55	5	0:23	12	0:49	9.31	52:41	5:39	5	5:01	12	13:36
Lap 20	0.49	2:56	5:59	5	0:24	13	0:53	9.80	55:37	5:40	5	5:21	12	14:29
Lap 21	0.49	2:53	5:53	5	0:24	12	0:50	10.29	58:30	5:41	5	5:37	12	15:19