



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Jeannette Mlinarsky

Total time: 58:34

Number: 129

Speed: 8.20 km/h

Course: 0.49 km/Lap

Running performance: 6:38 min/km

Stundenlauf

Laps: 18 (8.82 km)

Category:

Rank in course/Women: 15 (of 19)

Seniorinnen W45 (45-49)

Rank in category: 2(of 3)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.49	3:00	6:07	2	0:32	16	0:54	0.49	3:00	6:07	2	0:32	16	0:54
Lap 2	0.49	3:13	6:33	2	0:38	17	1:10	0.98	6:13	6:20	2	1:10	16	2:04
Lap 3	0.49	3:10	6:27	2	0:28	16	1:07	1.47	9:23	6:22	2	1:38	16	3:11
Lap 4	0.49	3:08	6:23	2	0:26	15	1:07	1.96	12:31	6:23	2	2:04	16	4:18
Lap 5	0.49	3:08	6:23	2	0:24	15	1:04	2.45	15:39	6:23	2	2:28	16	5:22
Lap 6	0.49	3:11	6:29	2	0:30	15	1:07	2.94	18:50	6:24	2	2:58	15	6:29
Lap 7	0.49	3:13	6:33	2	0:30	15	1:09	3.43	22:03	6:25	2	3:28	15	7:38
Lap 8	0.49	3:13	6:33	2	0:28	15	1:10	3.92	25:16	6:26	2	3:56	15	8:48
Lap 9	0.49	3:21	6:50	2	0:36	15	1:19	4.41	28:37	6:29	2	4:32	15	10:07
Lap 10	0.49	3:19	6:46	2	0:31	15	1:15	4.90	31:56	6:31	2	5:03	15	11:22
Lap 11	0.49	3:20	6:48	2	0:30	15	1:17	5.39	35:16	6:32	2	5:33	15	12:39
Lap 12	0.49	3:23	6:54	2	0:32	15	1:19	5.88	38:39	6:34	2	6:05	15	13:58
Lap 13	0.49	3:18	6:44	2	0:30	15	1:14	6.37	41:57	6:35	2	6:35	15	15:12
Lap 14	0.49	3:19	6:46	2	0:27	15	1:16	6.86	45:16	6:35	2	7:02	15	16:28
Lap 15	0.49	3:21	6:50	2	0:31	15	1:17	7.35	48:37	6:36	2	7:33	15	17:45
Lap 16	0.49	3:20	6:48	2	0:30	16	1:16	7.84	51:57	6:37	2	8:03	15	19:01
Lap 17	0.49	3:19	6:46	2	0:27	16	1:17	8.33	55:16	6:38	2	8:30	15	20:18
Lap 18	0.49	3:18	6:44	2	0:26	15	1:16	8.82	58:34	6:38	2	8:56	15	21:34