



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Stephanie Böttcher

Number: 165

Course: 0.49 km/Lap  
Stundenlauf

Category:

Seniorinnen W45 (45-49)

Total time: 58:51

Speed: 6.12 km/h

Running performance: 8:34 min/km

Laps: 14 (6.86 km)

Rank in course/Women: 19 (of 19)

Rank in category: 3(of 3)

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	Total km	Total Time				Pos Women	Behind Women
Lap 1	0.49	3:41	7:31	3	1:13	19	1:35	0.49	3:41	7:31	3	1:13	19	1:35
Lap 2	0.49	3:43	7:35	3	1:08	19	1:40	0.98	7:24	7:33	3	2:21	19	3:15
Lap 3	0.49	3:46	7:41	3	1:04	19	1:43	1.47	11:10	7:35	3	3:25	19	4:58
Lap 4	0.49	3:50	7:49	3	1:08	19	1:49	1.96	15:00	7:39	3	4:33	19	6:47
Lap 5	0.49	3:53	7:55	3	1:09	19	1:49	2.45	18:53	7:42	3	5:42	19	8:36
Lap 6	0.49	3:52	7:53	3	1:11	19	1:48	2.94	22:45	7:44	3	6:53	19	10:24
Lap 7	0.49	3:48	7:45	3	1:05	19	1:44	3.43	26:33	7:44	3	7:58	19	12:08
Lap 8	0.49	3:57	8:03	3	1:12	19	1:54	3.92	30:30	7:46	3	9:10	19	14:02
Lap 9	0.49	4:46	9:43	3	2:01	19	2:44	4.41	35:16	7:59	3	11:11	19	16:46
Lap 10	0.49	5:57	12:08	3	3:09	19	3:53	4.90	41:13	8:24	3	14:20	19	20:39
Lap 11	0.49	5:51	11:56	3	3:01	19	3:48	5.39	47:04	8:43	3	17:21	19	24:27
Lap 12	0.49	4:14	8:38	3	1:23	19	2:10	5.88	51:18	8:43	3	18:44	19	26:37
Lap 13	0.49	3:54	7:57	3	1:06	19	1:50	6.37	55:12	8:39	3	19:50	19	28:27
Lap 14	0.49	3:39	7:26	3	0:47	18	1:36	6.86	58:51	8:34	3	20:37	19	30:03