



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Henning Mathesy

Club: N3

Number: 57

Course: 0.49 km/Lap

Halbstundenlauf

Category:

Senioren M35 (35-39) H

Total time: 28:44

Speed: 10.44 km/h

Running performance: 5:19 min/km

Laps: 11 (5.39 km)

Rank in course/Men: 16 (of 38)

Rank in category: 2(of 2)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	0.49	2:32	5:10	2	0:03	22	0:25	0.49	2:32	5:10	2	0:03	22	0:25	
Lap 2	0.49	2:32	5:10	2	0:13	22	0:26	0.98	5:04	5:10	2	0:16	22	0:51	
Lap 3	0.49	2:42	5:30	2	0:22	25	0:36	1.47	7:46	5:17	2	0:38	23	1:27	
Lap 4	0.49	2:34	5:14	2	0:10	16	0:24	1.96	10:20	5:16	2	0:48	22	1:48	
Lap 5	0.49	2:38	5:22	2	0:16	17	0:35	2.45	12:58	5:17	2	1:04	21	2:23	
Lap 6	0.49	2:35	5:16	2	0:12	15	0:29	2.94	15:33	5:17	2	1:16	18	2:52	
Lap 7	0.49	2:38	5:22	2	0:12	16	0:33	3.43	18:11	5:18	2	1:28	18	3:25	
Lap 8	0.49	2:38	5:22	2	0:08	14	0:31	3.92	20:49	5:18	2	1:36	17	3:55	
Lap 9	0.49	2:44	5:34	2	0:15	19	0:37	4.41	23:33	5:20	2	1:51	16	4:29	
Lap 10	0.49	2:37	5:20	2	0:04	15	0:36	4.90	26:10	5:20	2	1:55	16	5:05	
Lap 11	0.49	2:34	5:14	2	0:03	15	0:24	5.39	28:44	5:19	2	1:58	16	5:28	