



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Uwe Liebig

Club: P2

Number: 61

Course: 0.49 km/Lap

Halbstundenlauf

Category:

Senioren M60 (60-64) H

Total time: 29:41

Speed: 10.11 km/h

Running performance: 5:02 min/km

Laps: 12 (5.88 km)

Rank in course/Men: 13 (of 38)

Rank in category: 1(of 5)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:14	4:33	1	-	8	0:07	0.49	2:14	4:33	1	-	8	0:07
Lap 2	0.49	2:23	4:51	1	-	15	0:17	0.98	4:37	4:42	1	-	11	0:24
Lap 3	0.49	2:25	4:55	1	-	16	0:19	1.47	7:02	4:47	1	-	12	0:43
Lap 4	0.49	2:24	4:53	1	-	9	0:14	1.96	9:26	4:48	1	-	11	0:54
Lap 5	0.49	2:27	5:00	1	-	13	0:24	2.45	11:53	4:51	1	-	12	1:18
Lap 6	0.49	2:29	5:04	1	-	13	0:23	2.94	14:22	4:53	1	-	14	1:41
Lap 7	0.49	2:31	5:08	1	-	13	0:26	3.43	16:53	4:55	1	-	14	2:07
Lap 8	0.49	2:32	5:10	1	-	13	0:25	3.92	19:25	4:57	1	-	13	2:31
Lap 9	0.49	2:33	5:12	1	-	12	0:26	4.41	21:58	4:58	1	-	13	2:54
Lap 10	0.49	2:35	5:16	1	-	14	0:34	4.90	24:33	5:00	1	-	13	3:28
Lap 11	0.49	2:38	5:22	1	-	19	0:28	5.39	27:11	5:02	1	-	13	3:55
Lap 12	0.49	2:30	5:06	1	-	13	0:24	5.88	29:41	5:02	1	-	13	4:11