



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Nicole Kaufhold

Club: Speedskating Arnstadt

Number: 24

Course: 0.49 km/Lap

Halbstundenlauf

Category:

Seniorinnen W35 (35-39) H

Total time: 29:09

Speed: 4.12 km/h

Running performance: 9:54 min/km

Laps: 6 (2.94 km)

Rank in course/Women: 28 (of 30)

Rank in category: 6(of 8)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	0.49	4:38	9:27	7	2:48	29	2:48	0.49	4:38	9:27	7	2:48	29	2:48	
Lap 2	0.49	5:03	10:18	6	3:02	28	3:02	0.98	9:41	9:52	7	5:50	29	5:50	
Lap 3	0.49	4:50	9:51	7	2:43	28	2:46	1.47	14:31	9:52	6	8:33	28	8:33	
Lap 4	0.49	4:40	9:31	6	2:33	26	2:37	1.96	19:11	9:47	6	11:06	28	11:06	
Lap 5	0.49	5:09	10:30	6	3:03	28	3:15	2.45	24:20	9:55	6	14:09	28	14:09	
Lap 6	0.49	4:49	9:49	6	2:43	27	2:50	2.94	29:09	9:54	6	16:52	28	16:52	