



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Niklas Redantz

Club: Die Tiger aus Plaue

Number: 38

Course: 0.49 km/Lap

Halbstundenlauf

Category:

männliche Jugend U18 (16/17) H

Total time: 28:08

Speed: 10.66 km/h

Running performance: 4:47 min/km

Laps: 12 (5.88 km)

Rank in course/Men: 6 (of 38)

Rank in category: 1(of 6)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:11	4:27	1	-	5	0:04	0.49	2:11	4:27	1	-	5	0:04
Lap 2	0.49	2:16	4:37	1	-	6	0:10	0.98	4:27	4:32	1	-	4	0:14
Lap 3	0.49	2:21	4:47	1	-	9	0:15	1.47	6:48	4:37	1	-	5	0:29
Lap 4	0.49	2:30	5:06	1	-	14	0:20	1.96	9:18	4:44	1	-	7	0:46
Lap 5	0.49	2:25	4:55	1	-	8	0:22	2.45	11:43	4:46	1	-	6	1:08
Lap 6	0.49	2:28	5:02	1	-	9	0:22	2.94	14:11	4:49	1	-	6	1:30
Lap 7	0.49	2:24	4:53	1	-	7	0:19	3.43	16:35	4:50	1	-	7	1:49
Lap 8	0.49	2:24	4:53	1	-	6	0:17	3.92	18:59	4:50	1	-	7	2:05
Lap 9	0.49	2:25	4:55	1	-	7	0:18	4.41	21:24	4:51	1	-	7	2:20
Lap 10	0.49	2:25	4:55	2	0:03	7	0:24	4.90	23:49	4:51	1	-	7	2:44
Lap 11	0.49	2:13	4:31	1	-	3	0:03	5.39	26:02	4:49	1	-	6	2:46
Lap 12	0.49	2:06	4:17	1	-	1	-	5.88	28:08	4:47	1	-	6	2:38