



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Nicole Beyer

Total time: 28:42

Number: 74

Speed: 10.45 km/h

Course: 0.49 km/Lap

Running performance: 4:52 min/km

Halbstundenlauf

Laps: 12 (5.88 km)

Category:

Rank in course/Women: 4 (of 30)

Seniorinnen W50 (50-54) H

Rank in category: 1(of 1)

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	Total km	Total Time			Total min/km	Pos Women	Behind Women
Lap 1	0.49	2:20	4:45	1	-	4	0:30	0.49	2:20	4:45	1	-	4	0:30
Lap 2	0.49	2:23	4:51	1	-	4	0:22	0.98	4:43	4:48	1	-	4	0:52
Lap 3	0.49	2:22	4:49	1	-	3	0:18	1.47	7:05	4:49	1	-	4	1:07
Lap 4	0.49	2:21	4:47	1	-	4	0:18	1.96	9:26	4:48	1	-	4	1:21
Lap 5	0.49	2:22	4:49	1	-	4	0:28	2.45	11:48	4:48	1	-	4	1:37
Lap 6	0.49	2:22	4:49	1	-	4	0:23	2.94	14:10	4:49	1	-	4	1:53
Lap 7	0.49	2:21	4:47	1	-	3	0:16	3.43	16:31	4:48	1	-	4	2:09
Lap 8	0.49	2:24	4:53	1	-	4	0:20	3.92	18:55	4:49	1	-	4	2:29
Lap 9	0.49	2:22	4:49	1	-	4	0:24	4.41	21:17	4:49	1	-	4	2:44
Lap 10	0.49	2:28	5:02	1	-	6	0:26	4.90	23:45	4:50	1	-	4	3:08
Lap 11	0.49	2:30	5:06	1	-	4	0:23	5.39	26:15	4:52	1	-	4	3:31
Lap 12	0.49	2:27	5:00	1	-	3	0:21	5.88	28:42	4:52	1	-	4	3:52