



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

**Manuel Walther**

Club: MGE

Number: 156

Course: 0.49 km/Lap

Stundenlauf

Category:

Senioren M40 (40-44)

Total time: 58:28

Speed: 11.29 km/h

Running performance: 4:58 min/km

Laps: 24 (11.76 km)

Rank in course/Men: 16 (of 34)

Rank in category: 6(of 13)

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	0.49	2:21	4:47	8	0:32	17	0:32	0.49	2:21	4:47	8	0:32	17	0:32	
Lap 2	0.49	2:19	4:43	5	0:24	14	0:24	0.98	4:40	4:45	6	0:56	16	0:56	
Lap 3	0.49	2:22	4:49	5	0:28	15	0:28	1.47	7:02	4:47	5	1:24	15	1:24	
Lap 4	0.49	2:19	4:43	5	0:25	13	0:25	1.96	9:21	4:46	5	1:49	15	1:49	
Lap 5	0.49	2:19	4:43	6	0:24	15	0:24	2.45	11:40	4:45	5	2:13	14	2:13	
Lap 6	0.49	2:23	4:51	5	0:27	15	0:27	2.94	14:03	4:46	5	2:40	15	2:40	
Lap 7	0.49	2:23	4:51	6	0:27	16	0:27	3.43	16:26	4:47	6	3:07	16	3:07	
Lap 8	0.49	2:28	5:02	8	0:33	20	0:33	3.92	18:54	4:49	6	3:40	16	3:40	
Lap 9	0.49	2:28	5:02	6	0:31	17	0:31	4.41	21:22	4:50	6	4:11	16	4:11	
Lap 10	0.49	2:27	5:00	6	0:30	17	0:30	4.90	23:49	4:51	6	4:41	16	4:41	
Lap 11	0.49	2:28	5:02	6	0:33	16	0:33	5.39	26:17	4:52	6	5:14	16	5:14	
Lap 12	0.49	2:28	5:02	6	0:30	18	0:30	5.88	28:45	4:53	6	5:44	16	5:44	
Lap 13	0.49	2:27	5:00	6	0:30	17	0:30	6.37	31:12	4:53	6	6:14	16	6:14	
Lap 14	0.49	2:29	5:04	5	0:35	15	0:35	6.86	33:41	4:54	6	6:49	16	6:49	
Lap 15	0.49	2:29	5:04	5	0:35	15	0:35	7.35	36:10	4:55	6	7:24	16	7:24	
Lap 16	0.49	2:30	5:06	7	0:34	17	0:34	7.84	38:40	4:55	6	7:58	16	7:58	
Lap 17	0.49	2:28	5:02	5	0:30	15	0:30	8.33	41:08	4:56	6	8:28	16	8:28	
Lap 18	0.49	2:29	5:04	6	0:36	16	0:36	8.82	43:37	4:56	6	9:00	16	9:00	
Lap 19	0.49	2:29	5:04	7	0:33	17	0:33	9.31	46:06	4:57	6	9:33	16	9:33	
Lap 20	0.49	2:32	5:10	5	0:35	15	0:35	9.80	48:38	4:57	6	10:08	16	10:08	
Lap 21	0.49	2:31	5:08	6	0:35	16	0:35	10.29	51:09	4:58	6	10:43	16	10:43	
Lap 22	0.49	2:28	5:02	6	0:31	15	0:31	10.78	53:37	4:58	6	11:14	16	11:14	
Lap 23	0.49	2:25	4:55	5	0:29	14	0:29	11.27	56:02	4:58	6	11:43	16	11:43	
Lap 24	0.49	2:26	4:57	6	0:29	15	0:29	11.76	58:28	4:58	6	12:12	16	12:12	