



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Daniel Scholz

Total time: 59:20

Number: 141

Speed: 11.12 km/h

Course: 0.49 km/Lap

Running performance: 5:15 min/km

Stundenlauf

Laps: 23 (11.27 km)

Category:

Rank in course/Men: 22 (of 34)

Senioren M40 (40-44)

Rank in category: 9(of 13)

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:22	4:49	9	0:33	20	0:33	0.49	2:22	4:49	9	0:33	20	0:33
Lap 2	0.49	2:23	4:51	8	0:28	20	0:28	0.98	4:45	4:50	8	1:01	20	1:01
Lap 3	0.49	2:28	5:02	8	0:34	20	0:34	1.47	7:13	4:54	8	1:35	20	1:35
Lap 4	0.49	2:30	5:06	9	0:36	22	0:36	1.96	9:43	4:57	9	2:11	21	2:11
Lap 5	0.49	2:32	5:10	9	0:37	23	0:37	2.45	12:15	5:00	8	2:48	20	2:48
Lap 6	0.49	2:32	5:10	8	0:36	21	0:36	2.94	14:47	5:01	8	3:24	20	3:24
Lap 7	0.49	2:34	5:14	9	0:38	23	0:38	3.43	17:21	5:03	8	4:02	21	4:02
Lap 8	0.49	2:34	5:14	9	0:39	23	0:39	3.92	19:55	5:04	8	4:41	21	4:41
Lap 9	0.49	2:40	5:26	9	0:43	23	0:43	4.41	22:35	5:07	8	5:24	21	5:24
Lap 10	0.49	2:36	5:18	9	0:39	23	0:39	4.90	25:11	5:08	9	6:03	23	6:03
Lap 11	0.49	2:38	5:22	9	0:43	23	0:43	5.39	27:49	5:09	9	6:46	23	6:46
Lap 12	0.49	2:40	5:26	9	0:42	23	0:42	5.88	30:29	5:11	9	7:28	23	7:28
Lap 13	0.49	2:39	5:24	9	0:42	23	0:42	6.37	33:08	5:12	9	8:10	23	8:10
Lap 14	0.49	2:39	5:24	8	0:45	21	0:45	6.86	35:47	5:12	9	8:55	23	8:55
Lap 15	0.49	2:37	5:20	8	0:43	20	0:43	7.35	38:24	5:13	9	9:38	23	9:38
Lap 16	0.49	2:38	5:22	9	0:42	20	0:42	7.84	41:02	5:14	9	10:20	23	10:20
Lap 17	0.49	2:38	5:22	7	0:40	19	0:40	8.33	43:40	5:14	9	11:00	22	11:00
Lap 18	0.49	2:36	5:18	8	0:43	20	0:43	8.82	46:16	5:14	9	11:39	22	11:39
Lap 19	0.49	2:36	5:18	8	0:40	19	0:40	9.31	48:52	5:14	9	12:19	22	12:19
Lap 20	0.49	2:33	5:12	6	0:36	17	0:36	9.80	51:25	5:14	9	12:55	22	12:55
Lap 21	0.49	2:39	5:24	7	0:43	18	0:43	10.29	54:04	5:15	9	13:38	22	13:38
Lap 22	0.49	2:37	5:20	7	0:40	18	0:40	10.78	56:41	5:15	9	14:18	22	14:18
Lap 23	0.49	2:39	5:24	8	0:43	20	0:43	11.27	59:20	5:15	9	15:01	22	15:01