



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

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Number: 149

Course: 0.49 km/Lap
Stundenlauf

Category:

Senioren M50 (50-54)

Total time: 58:48

Speed: 13.27 km/h

Running performance: 4:26 min/km

Laps: 27 (13.23 km)

Rank in course/Men: 6 (of 34)

Rank in category: 1(of 5)

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:09	4:23	1	-	3	0:20	0.49	2:09	4:23	1	-	3	0:20
Lap 2	0.49	2:03	4:11	1	-	4	0:08	0.98	4:12	4:17	1	-	4	0:28
Lap 3	0.49	2:05	4:15	1	-	3	0:11	1.47	6:17	4:16	1	-	4	0:39
Lap 4	0.49	2:07	4:19	1	-	7	0:13	1.96	8:24	4:17	1	-	4	0:52
Lap 5	0.49	2:07	4:19	2	0:02	7	0:12	2.45	10:31	4:17	1	-	4	1:04
Lap 6	0.49	2:08	4:21	1	-	6	0:12	2.94	12:39	4:18	1	-	4	1:16
Lap 7	0.49	2:09	4:23	2	0:03	8	0:13	3.43	14:48	4:18	1	-	4	1:29
Lap 8	0.49	2:08	4:21	1	-	6	0:13	3.92	16:56	4:19	1	-	4	1:42
Lap 9	0.49	2:06	4:17	1	-	6	0:09	4.41	19:02	4:18	1	-	4	1:51
Lap 10	0.49	2:05	4:15	1	-	4	0:08	4.90	21:07	4:18	1	-	5	1:59
Lap 11	0.49	2:11	4:27	1	-	6	0:16	5.39	23:18	4:19	1	-	6	2:15
Lap 12	0.49	2:12	4:29	1	-	5	0:14	5.88	25:30	4:20	1	-	6	2:29
Lap 13	0.49	2:14	4:33	2	0:06	8	0:17	6.37	27:44	4:21	1	-	6	2:46
Lap 14	0.49	2:15	4:35	1	-	7	0:21	6.86	29:59	4:22	1	-	6	3:07
Lap 15	0.49	2:13	4:31	1	-	7	0:19	7.35	32:12	4:22	1	-	6	3:26
Lap 16	0.49	2:12	4:29	1	-	7	0:16	7.84	34:24	4:23	1	-	6	3:42
Lap 17	0.49	2:12	4:29	1	-	7	0:14	8.33	36:36	4:23	1	-	6	3:56
Lap 18	0.49	2:12	4:29	1	-	8	0:19	8.82	38:48	4:23	1	-	6	4:11
Lap 19	0.49	2:12	4:29	1	-	7	0:16	9.31	41:00	4:24	1	-	6	4:27
Lap 20	0.49	2:12	4:29	1	-	7	0:15	9.80	43:12	4:24	1	-	6	4:42
Lap 21	0.49	2:13	4:31	1	-	6	0:17	10.29	45:25	4:24	1	-	6	4:59
Lap 22	0.49	2:14	4:33	1	-	7	0:17	10.78	47:39	4:25	1	-	6	5:16
Lap 23	0.49	2:14	4:33	1	-	7	0:18	11.27	49:53	4:25	1	-	6	5:34
Lap 24	0.49	2:14	4:33	1	-	7	0:17	11.76	52:07	4:25	1	-	6	5:51
Lap 25	0.49	2:15	4:35	3	0:05	9	0:18	12.25	54:22	4:26	1	-	6	6:09
Lap 26	0.49	2:13	4:31	2	0:04	9	0:16	12.74	56:35	4:26	1	-	6	6:24
Lap 27	0.49	2:13	4:31	1	-	7	0:20	13.23	58:48	4:26	1	-	6	6:41