



## 2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

### Detailed evaluation

Klaus Göhring

Number: 112

Course: 0.49 km/Lap  
Stundenlauf

Category:

Senioren M65 (65-69)

Total time: 58:28

Speed: 9.24 km/h

Running performance: 5:57 min/km

Laps: 20 (9.8 km)

Rank in course/Men: 30 (of 34)

Rank in category: 1(of 2)

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	0.49	2:56	5:59	1	-	31	1:07	0.49	2:56	5:59	1	-	31	1:07
Lap 2	0.49	2:53	5:53	1	-	28	0:58	0.98	5:49	5:56	1	-	31	2:05
Lap 3	0.49	2:54	5:55	1	-	28	1:00	1.47	8:43	5:55	1	-	30	3:05
Lap 4	0.49	2:51	5:48	1	-	30	0:57	1.96	11:34	5:54	1	-	30	4:02
Lap 5	0.49	2:53	5:53	1	-	30	0:58	2.45	14:27	5:53	1	-	30	5:00
Lap 6	0.49	2:51	5:48	1	-	29	0:55	2.94	17:18	5:53	1	-	30	5:55
Lap 7	0.49	2:51	5:48	1	-	28	0:55	3.43	20:09	5:52	1	-	30	6:50
Lap 8	0.49	2:58	6:03	1	-	30	1:03	3.92	23:07	5:53	1	-	30	7:53
Lap 9	0.49	2:52	5:51	1	-	27	0:55	4.41	25:59	5:53	1	-	30	8:48
Lap 10	0.49	2:54	5:55	1	-	28	0:57	4.90	28:53	5:53	1	-	30	9:45
Lap 11	0.49	2:51	5:48	1	-	26	0:56	5.39	31:44	5:53	1	-	30	10:41
Lap 12	0.49	2:57	6:01	1	-	28	0:59	5.88	34:41	5:53	1	-	30	11:40
Lap 13	0.49	2:55	5:57	1	-	28	0:58	6.37	37:36	5:54	1	-	30	12:38
Lap 14	0.49	3:00	6:07	1	-	27	1:06	6.86	40:36	5:55	1	-	30	13:44
Lap 15	0.49	2:59	6:05	1	-	29	1:05	7.35	43:35	5:55	1	-	30	14:49
Lap 16	0.49	3:01	6:09	1	-	28	1:05	7.84	46:36	5:56	1	-	30	15:54
Lap 17	0.49	3:00	6:07	1	-	30	1:02	8.33	49:36	5:57	1	-	30	16:56
Lap 18	0.49	3:01	6:09	1	-	29	1:08	8.82	52:37	5:57	1	-	30	18:00
Lap 19	0.49	3:00	6:07	1	-	28	1:04	9.31	55:37	5:58	1	-	30	19:04
Lap 20	0.49	2:51	5:48	1	-	25	0:54	9.80	58:28	5:57	1	-	30	19:58