



22. Weinberg-OL  
Wörrstadt / 25.06.2017

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Krieger, Janis

□□: (ohne Verein)

□□□: 1:07:06

□□□□: 15:14 min/km

□□: 4.40 km / 12 □□

□□□□:

Trimmer Lang

□□□□□: 3(of 4)

□□□□□□□: 44:24

□□: 22:42

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (111)	2:37	3	0:23	17.2	2:37	3	0:23	17.2
2 (133)	4:33	3	1:04	30.6	7:10	3	1:27	25.4
3 (134)	5:43	3	1:09	25.2	12:53	3	2:15	21.2
4 (125)	11:38	4	7:09	159.5	24:31	4	9:24	62.2
5 (122)	8:59	4	5:26	153.1	33:30	4	12:57	63.0
6 (131)	5:26	3	3:11	141.5	38:56	4	16:08	70.8
7 (123)	5:44	4	2:09	60.0	44:40	4	18:17	69.3
8 (124)	3:14	1	-	-	47:54	4	18:13	61.4
9 (135)	1:57	1	-	-	49:51	4	18:10	57.3
10 (136)	11:27	4	5:55	106.9	1:01:18	4	24:05	64.7
11 (118)	2:57	1	-	-	1:04:15	3	22:25	53.6
12 (100)	2:15	2	0:18	15.4	1:06:30	3	22:43	51.9
□□	0:36	2	0:07	24.1	1:07:06	3	22:42	51.1