



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Bothe, Olaf

□□: MTV Jahn Schladen

□□: 101

□□: 42.18 km

Marathon

□□□□:

Männer M35

□□□: 3:47:58

□□: 11.05 km/h

□□□□: 5:24 min/km

□□□□□/□□□: 37 (of 305)

□□□□□/□: 36 (of 271)

□□□□□□: 3:01:21

□□□□□: 5(of 32)

□□□□□□□: 3:05:20

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:57	3:53	18	0:48	126	0:48	0.50	1:57	3:53	28	-	35	
Runde	3.47	18:54	5:26	13	4:41	111	5:23	3.97	20:51	5:15	28	-	54	
Runde	3.47	16:46	4:49	6	2:19	40	2:32	7.44	37:37	5:03	28	-	52	
Runde	3.47	17:21	5:00	5	2:29	42	14:12	10.91	54:58	5:02	28	-	51	
Runde	3.47	17:49	5:08	7	2:40	51	3:28	14.38	1:12:47	5:03	28	-	49	
Runde	3.47	17:49	5:08	5	2:25	40	3:24	17.85	1:30:36	5:04	28	-	48	
Runde	3.47	18:09	5:13	6	2:32	43	3:34	21.32	1:48:45	5:06	28	-	47	21:37
Runde	3.47	18:13	5:14	5	2:43	30	3:41	24.79	2:06:58	5:07	28	-	47	24:55
Runde	3.47	19:15	5:32	6	3:28	38	4:50	28.26	2:26:13	5:10	28	-	42	28:56
Runde	3.47	19:16	5:33	5	3:33	30	4:17	31.73	2:45:29	5:12	28	-	40	31:58
Runde	3.47	20:46	5:59	7	4:59	39	5:19	35.20	3:06:15	5:17	28	-	32	32:05
Runde	3.47	20:50	6:00	6	4:58	36	4:58	38.67	3:27:05	5:21	28	-	34	41:57
Ziel	3.47	20:53	6:01	7	5:17	48	5:17	42.18	3:47:58	5:24	5	42:38	36	46:37