26. Rennsteig-Staffellauf

rund um Schmiedefeld / 20.06.2026

Detailed evaluation

Lauffreunde Werratal

Club: BSG Empor Treffurt
Number: 536

Course: 134.50 km
Rund um Schmiedefeld

Category:
Mixstaffel

Total time: 13:03:57

Speed: 10.26 km/h
Running performance: 5:49 min/km

Rank in course: 68 (of 129)
Best time in course: 8:51:37

Rank in category: 18(of 45)
Best time in the category: 9:16:55

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Adler/PP Schneek	15.60	1:29:52	5:45	20	25:53	81	27:45	15.60	1:29:52	5:45	20	25:53	130	27:45
Grenzadler	13.20	1:22:41	6:15	34	28:39	107	30:58	28.80	2:52:33	5:59	31	52:28	130	58:00
Biathlonstadion	12.90	1:25:02	6:35	36	36:18	116	36:18	41.70	4:17:35	6:10	36	1:27:33	130	1:33:39
Schmücke	13.50	1:15:12	5:34	21	22:09	60	22:09	55.20	5:32:47	6:01	31	1:49:42	130	1:55:30
Frauenwald	11.40	1:10:07	6:09	26	21:16	86	26:56	66.60	6:42:54	6:02	31	2:10:58	129	2:20:21
Masserberg (Ren	22.10	1:52:09	5:04	16	32:34	50	32:34	88.70	8:35:03	5:48	26	2:38:31	129	2:52:08
Masserberg (Ren	14.10	1:20:54	5:44	17	24:00	55	26:03	102.80	9:55:57	5:47	23	2:56:04	129	3:15:49
Neustadt am Rer	10.90	1:13:19	6:43	22	28:07	74	28:07	113.70	11:09:16	5:53	22	3:17:19	129	3:39:52
Frauenwaldmonu	13.10	1:10:50	5:24	15	20:15	44	20:15	126.80	12:20:06	5:50	19	3:35:43	129	3:57:59
Schmiedefeld am	7.70	43:51	5:41	17	14:43	73	15:19	134.50	13:03:57	5:49	18	3:47:02	68	4:12:20