



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Decker, Sonja

Club: TG Viktoria Augsburg
Number: 170

Course: 42.18 km
Marathon

Category:
Frauen W35

Total time: 3:48:24

Speed: 11.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 38 (of 305)

Rank in course/Women: 2 (of 34)

Best time in course: 3:41:58

Rank in category: 1(of 9)

Best time in the category: 3:48:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	1:34	3:07	2	0:02	6	0:20	0.50	1:34	3:07	3			22
Runde	3.47	17:40	5:05	2	0:37	3	0:37	3.97	19:14	4:50	3			22
Runde	3.47	18:33	5:20	4	18:15	5	18:15	7.44	37:47	5:04	3			22
Runde	3.47	18:31	5:20	3	17:48	4	17:48	10.91	56:18	5:09	3	10:35		22
Runde	3.47	18:52	5:26	2	17:56	4	17:56	14.38	1:15:10	5:13	3	28:31		22
Runde	3.47	18:21	5:17	1	-	2	0:18	17.85	1:33:31	5:14	2			30
Runde	3.47	18:40	5:22	1	-	2	0:08	21.32	1:52:11	5:15	2			31
Runde	3.47	18:18	5:16	1	-	1	-	24.79	2:10:29	5:15	2			31
Runde	3.47	18:53	5:26	1	-	2	0:05	28.26	2:29:22	5:17	1	-		31
Runde	3.47	19:38	5:39	1	-	3	0:52	31.73	2:49:00	5:19	1	-		31
Runde	3.47	20:17	5:50	2	0:04	4	1:09	35.20	3:09:17	5:22	1	-		31
Runde	3.47	20:17	5:50	2	0:03	3	1:28	38.67	3:29:34	5:25	1	-		31
Finish	3.47	18:50	5:25	1	-	3	18:23	42.18	3:48:24	5:24	1	-	2	6:26