



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Temmler, Matthias

Club: SV Normania Treffurt

Number: 103

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:01:58

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 56 (of 186)

Rank in course/Men: 54 (of 154)

Best time in course: 47:00

Rank in category: 11 (of 28)

Best time in the category: 54:58