



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Jochen Konradt

Club: Alte Liebe
Number: 224

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:14:57

Speed: 7.56 km/h
Running performance: 7:55 min/km

Rank in course/Total: 90 (of 187)

Rank in course/Men: 79 (of 159)

Best time in course: 8:24:01

Rank in category: 8 (of 25)

Best time in the category: 10:29:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:15:40	7:14	9	32:51	72	1:07:53	27.00	3:15:40	7:14	9	32:51	72	1:07:53
Floh-Seligenthal	27.00	3:26:17	7:38	8	42:35	81	1:11:39	54.00	6:41:57	7:26	8	1:14:18	79	2:19:32
Finsterbergen	22.00	3:02:32	8:17	7	37:53	64	1:06:16	76.00	9:44:29	7:41	7	1:52:11	73	3:25:48
Finish	24.22	3:30:28	8:41	10	59:23	89	3:30:28	100.22	13:14:57	7:55	8	2:45:38	79	4:50:56