



14. thüringen ULTRA
Fröttstädt / 02.07.2022

0000

Bernward Münster

00: Köln

00: 46

00: 100.22 km

100 Kilometer

0000:

Senioren M55 (55-59 Jahre)

000: 13:34:12

00: 7.39 km/h

0000: 8:07 min/km

00000/000: 97 (of 187)

00000/0: 84 (of 159)

000000: 8:24:01

00000: 9(of 25)

0000000: 10:29:19

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 | 000 | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 3:06:29 | 6:54 | 7 | 23:40 | 59 | 58:42 | 27.00 | 3:06:29 | 6:54 | 7 | 23:40 | 59 | 58:42 |
| Floh-Seligenthal | 27.00 | 3:51:39 | 8:34 | 15 | 1:07:57 | 120 | 1:37:01 | 54.00 | 6:58:08 | 7:44 | 12 | 1:30:29 | 91 | 2:35:43 |
| Finsterbergen | 22.00 | 3:18:42 | 9:01 | 11 | 54:03 | 89 | 1:22:26 | 76.00 | 10:16:50 | 8:06 | 12 | 2:24:32 | 94 | 3:58:09 |
| Ziel | 24.22 | 3:17:22 | 8:08 | 8 | 46:17 | 76 | 3:17:22 | 100.22 | 13:34:12 | 8:07 | 9 | 3:04:53 | 84 | 5:10:11 |