



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Kaiser, Christoph

Club: ESCHA

Number: 7563

Course: 7.25 km

Walking

Total time: 1:44:42

Speed: 4.01 km/h

metres in height up: 269

Course score: 11.04

performance score: 47 Points