



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Knippschild, Frederik

Club: Ilseburg
Number: 771

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 19:36

Speed: 11.94 km/h
Running performance: 5:02 min/km

Rank in course/Total: 12 (of 27)

Rank in course/Men: 9 (of 17)

Best time in course: 14:24

Rank in category: 1(of 6)

Best time in the category: 19:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	10:29	5:31	1	-	10	3:15	1.90	10:29	5:31	1	-	10	3:15
Ilseburg/Markt	2.00	9:07	4:33	1	-	5	1:57	3.90	19:36	5:01	1	-	9	5:12