



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Cherek, Mara

Club: SG Hamburg West
Number: 753

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 20:40

Speed: 8.71 km/h
Running performance: 5:18 min/km

Rank in course/Total: 16 (of 27)

Rank in course/Women: 4 (of 10)

Best time in course: 18:23

Rank in category: 2(of 2)

Best time in the category: 19:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women				Cat.	Cat.		
Prinzess Ilse Que	1.90	10:47	5:40	2	0:48	4	1:34	1.90	10:47	5:40	2	0:48	4	1:34
Ilseburg/Markt	2.00	9:53	4:56	2	0:41	4	0:49	3.90	20:40	5:17	2	1:29	4	2:17