



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Volker Samstag

Total time: 1:33:45

Number: 132

Course: 25.50 km

Rank in course/Total: 247 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 192 (of 210)

Best time in course: 59:54

Category:

Rank in category: 27(of 29)

Senioren 2 (TM 45)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:35	27:10	25	4:40	177	5:47	0.50	13:35	27:10	30	4:40	211	5:47
Wechsel S -> R	-	2:24	-	10	1:03	54	1:03	0.50	15:59	31:57	30	5:29	211	6:12
Schwimmen Total	0.50	15:59	31:57	30	5:29	211	6:12	0.50	15:59	31:57	30	5:29	211	6:12
Rad netto	20.00	42:25	2:07	26	12:07	182	18:12	20.50	58:24	2:50	30	17:06	178	17:15
Wechsel R -> L	-	0:39	-	2	0:02	16	0:13	20.50	59:03	2:52	30	16:56	177	17:08
Rad Total	20.00	43:04	2:09	26	11:48	178	17:27	20.50	59:03	2:52	30	16:56	177	17:08
Lauf Ziel	5.00	34:42	6:56	29	14:23	199	16:43	25.50	1:33:45	3:40	27	31:19	192	33:51