



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Mörrtl, Karl

□□: X3 Team Austria

□□: 172

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 23:44:32

□□: 6.78 km/h

□□□□: 8:51 min/km

□□□□□/□□□□: 104 (of 221)

□□□□□/□: 93 (of 193)

□□□□□□: 15:53:45

□□□□□: 24 (of 52)

□□□□□□□: 18:08:24

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
km 6,28 Gedenk:	6.28	42:06	6:42	24	5:54	91	6.28	42:06	6:42	24	5:54	91	8:46
km 11,32 Behms	5.04	30:57	6:08	12	3:08	63	11.32	1:13:03	6:27	22	6:20	85	15:01
km 22,10 Lübars	10.78	1:12:05	6:41	27	16:18	109	22.10	2:25:08	6:34	25	20:49	97	31:57
km 32,52 Naturs	10.42	1:12:58	7:00	22	15:20	98	32.52	3:38:06	6:42	24	35:39	93	48:36
km 43,36 Ruderc	10.84	1:25:16	7:51	32	25:13	126	43.36	5:03:22	6:59	26	1:00:26	105	1:19:11
km 55,35 Schönv	11.99	1:37:11	8:06	36	30:01	132	55.35	6:40:33	7:14	25	1:30:27	106	1:56:05
km 68,07 Garten	12.72	1:49:03	8:34	24	28:14	104	68.07	8:29:36	7:29	24	1:58:41	104	2:31:27
km 80,53 Schloß	12.46	1:58:24	9:30	25	37:29	110	80.53	10:28:00	7:47	27	2:36:10	107	3:10:52
km 99,65 Geden	19.12	2:48:30	8:48	25	44:52	96	99.65	13:16:30	7:59	27	3:21:02	105	4:01:28
km 112,75 Sport	13.10	2:04:17	9:29	22	30:50	80	112.75	15:20:47	8:09	26	3:51:52	100	4:44:18
km 124,92 Lichte	12.17	2:05:34	10:19	16	40:05	61	124.92	17:26:21	8:22	23	4:23:22	93	5:29:31
km 134,98 Buck	10.06	1:34:46	9:25	23	17:45	69	134.98	19:01:07	8:27	25	4:27:04	92	6:00:24
Test	9.89	1:54:37	11:35	30	33:56	89	144.87	20:55:44	8:40	24	4:56:12	89	6:51:51
Stadion Lobeckst	16.01	2:48:48	10:32	25	47:13	74	160.90	23:44:32	8:51	24	5:36:08	93	7:50:47