



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Zietlow, Hans-Uwe

Club: LG DUV

Number: 98

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M65 (65-69 Jahre)

Total time: 23:41:31

Speed: 6.79 km/h

Running performance: 8:50 min/km

Rank in course/Total: 99 (of 221)

Rank in course/Men: 88 (of 193)

Best time in course: 15:53:45

Rank in category: 1 (of 3)

Best time in the category: 23:41:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
km 6,28 Gedenk:	6.28	44:07	7:01	1	-	125	10:47	6.28	44:07	7:01	1	-	125	10:47
km 11,32 Behms	5.04	34:21	6:48	1	-	135	9:39	11.32	1:18:28	6:55	1	-	129	20:26
km 22,10 Lübars	10.78	1:14:05	6:52	1	-	122	23:09	22.10	2:32:33	6:54	1	-	123	39:22
km 32,52 Naturs	10.42	1:18:25	7:31	1	-	130	26:39	32.52	3:50:58	7:06	1	-	126	1:01:28
km 43,36 Ruderc	10.84	1:25:58	7:55	1	-	130	33:10	43.36	5:16:56	7:18	1	-	127	1:32:45
km 55,35 Schönv	11.99	1:35:13	7:56	1	-	124	34:56	55.35	6:52:09	7:26	1	-	125	2:07:41
km 68,07 Garten	12.72	1:51:08	8:44	2	1:01	113	38:11	68.07	8:43:17	7:41	1	-	121	2:45:08
km 80,53 Schloß	12.46	1:59:05	9:33	1	-	112	48:02	80.53	10:42:22	7:58	1	-	120	3:25:14
km 99,65 Geden	19.12	2:50:58	8:56	1	-	100	1:06:15	99.65	13:33:20	8:09	1	-	114	4:18:18
km 112,75 Sport	13.10	2:10:03	9:55	1	-	98	2:03:11	112.75	15:43:23	8:22	1	-	109	5:06:54
km 124,92 Lichte	12.17	2:00:38	9:54	1	-	44	41:52	124.92	17:44:01	8:31	1	-	103	5:47:11
km 134,98 Buck	10.06	1:36:33	9:35	1	-	76	39:04	134.98	19:20:34	8:35	1	-	102	6:19:51
Test	9.89	1:39:53	10:05	1	-	37	37:06	144.87	21:00:27	8:42	1	-	92	6:56:34
Stadion Lobeckst	16.01	2:41:04	10:03	1	-	57	51:12	160.90	23:41:31	8:50	1	-	88	7:47:46