



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Herder, Evelyn

Club: Volkssport Berlin
Number: 102

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 12:52:45

Speed: 7.76 km/h
Running performance: 7:44 min/km

Rank in course/Total: 111 (of 272)

Rank in course/Women: 14 (of 40)

Best time in course: 10:03:10

Rank in category: 1(of 7)

Best time in the category: 12:52:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	27.39	3:15:50	7:08	1	-	12	47:41	27.39	3:15:50	7:08	1	-	35
Floh-Seligenthal	27.74	3:15:16	7:02	1	-	14	36:42	55.13	6:31:06	7:05	1	-	35
Finsterbergen	22.03	3:06:22	8:27	1	-	14	43:51	77.16	9:37:28	7:29	1	-	34
Fröttstädt	22.84	3:15:17	8:33	1	-	13	46:46	100.00	12:52:45	7:43	1	-	14 2:49:35