



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Thorhauer, Henriette**

Club: Glückauf Sondershausen

Number: 189

Course: 12.00 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:05:07

Speed: 11.06 km/h

Running performance: 5:26 min/km

Rank in course/Total: 80 (of 186)

Rank in course/Women: 7 (of 32)

Best time in course: 57:24

Rank in category: 1 (of 9)

Best time in the category: 1:05:07