



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Schwandner, Bernd

Club: LuT Aschaffenburg  
Number: 133

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M40 (40-44 Jahre)

Total time: 13:02:34

Speed: 7.67 km/h  
Running performance: 7:50 min/km

Rank in course/Total: 115 (of 272)

Rank in course/Men: 101 (of 232)

Best time in course: 8:54:18

Rank in category: 17(of 36)

Best time in the category: 8:59:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:17:37	7:12	18	49:53	110	1:07:56	27.39	3:17:37	7:12	10		112	1:07:56
Floh-Seligenthal	27.74	3:19:22	7:11	17	57:48	112	1:00:05	55.13	6:36:59	7:12	10		112	2:05:16
Finsterbergen	22.03	3:07:25	8:30	18	1:00:57	99	1:00:57	77.16	9:44:24	7:34	10		106	3:00:27
Fröttstädt	22.84	3:18:10	8:40	15	1:14:30	98	1:14:30	100.00	13:02:34	7:49	17	4:03:07	101	4:08:16