



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Binias, Jürgen

Club: LC Duisburg

Number: 141

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 23:56:28

Speed: 6.72 km/h

Running performance: 8:56 min/km

Rank in course/Total: 110 (of 221)

Rank in course/Men: 99 (of 193)

Best time in course: 15:53:45

Rank in category: 28 (of 52)

Best time in the category: 18:08:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	Cat.	Men		
km 6,28 Gedenk:	6.28	44:11	7:02	30	127	7:59	10:51	6.28	44:11	7:02	30	127	10:51
km 11,32 Behms	5.04	35:52	7:06	41	159	8:03	11:10	11.32	1:20:03	7:04	36	143	22:01
km 22,10 Lübars	10.78	1:15:44	7:01	36	142	19:57	24:48	22.10	2:35:47	7:02	34	138	42:36
km 32,52 Naturs	10.42	1:21:07	7:47	41	146	23:29	29:21	32.52	3:56:54	7:17	37	143	1:07:24
km 43,36 Ruderc	10.84	1:29:39	8:16	38	141	29:36	36:51	43.36	5:26:33	7:31	39	143	1:42:22
km 55,35 Schönv	11.99	1:29:15	7:26	22	93	22:05	28:58	55.35	6:55:48	7:30	34	129	2:11:20
km 68,07 Garten	12.72	1:51:42	8:46	30	115	30:53	38:45	68.07	8:47:30	7:44	33	125	2:49:21
km 80,53 Schloß	12.46	2:15:52	10:54	42	152	54:57	1:04:49	80.53	11:03:22	8:14	39	135	3:46:14
km 99,65 Geden	19.12	2:35:32	8:08	18	66	31:54	50:49	99.65	13:38:54	8:13	30	116	4:23:52
km 112,75 Sport	13.10	2:06:39	9:40	25	86	33:12	1:59:47	112.75	15:45:33	8:23	30	110	5:09:04
km 124,92 Lichte	12.17	2:40:43	13:12	41	151	1:15:14	1:21:57	124.92	18:26:16	8:51	31	111	6:29:26
km 134,98 Buck	10.06	1:34:22	9:22	21	67	17:21	36:53	134.98	20:00:38	8:53	31	108	6:59:55
Test	9.89	1:43:56	10:30	17	54	23:15	41:09	144.87	21:44:34	9:00	30	103	7:40:41
Stadion Lobeckst	16.01	2:11:54	8:14	7	20	10:19	22:02	160.90	23:56:28	8:55	28	99	8:02:43