



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: Ermis1877 - kechagioglou runningteam
Number: 169

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M35 (35-39 Jahre)

Total time: 13:06:03

Speed: 7.63 km/h
Running performance: 7:52 min/km

Rank in course/Total: 118 (of 272)

Rank in course/Men: 104 (of 232)

Best time in course: 8:54:18

Rank in category: 10(of 16)

Best time in the category: 9:40:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:07:16	6:50	10	40:45	88	57:35	27.39	3:07:16	6:50	10	32:22	115	57:35
Floh-Seligenthal	27.74	3:33:01	7:40	13	1:05:16	144	1:13:44	55.13	6:40:17	7:15	10	1:37:38	115	2:08:34
Finsterbergen	22.03	3:15:32	8:52	11	54:35	112	1:09:04	77.16	9:55:49	7:43	10	2:32:13	109	3:11:52
Fröttstädt	22.84	3:10:14	8:19	8	52:56	84	1:06:34	100.00	13:06:03	7:51	10	3:25:09	104	4:11:45