



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Langstrecke Arnstadt

□□□: 15:42:47

□□: 159

□□: 10.74 km/h

□□□□: 5:35 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 47 (of 177)

□□□□□□: 11:15:57

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□□□□□: 39(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:22:15	5:52	81	23:50	107	23:50	14.00	1:22:15	5:52	81	23:50	108	23:50
Kleiner Inselsber	19.60	1:48:05	5:30	58	30:56	83	30:56	33.60	3:10:20	5:39	68	54:30	90	54:30
Neue Ausspanne	14.00	1:01:12	4:22	9	10:16	10	10:16	47.60	4:11:32	5:17	37	1:04:46	43	1:04:46
Grenzadler	13.70	1:19:52	5:49	61	28:10	82	28:10	61.30	5:31:24	5:24	37	1:30:37	44	1:30:37
Allzunah	19.90	1:42:16	5:08	40	26:25	58	26:25	81.20	7:13:40	5:20	37	1:54:58	46	1:54:58
Masserberg	17.90	1:50:31	6:10	68	33:55	90	33:55	99.10	9:04:11	5:29	38	2:18:42	47	2:18:42
Neuhaus	19.90	1:46:31	5:21	32	38:08	42	38:08	119.00	10:50:42	5:28	34	2:45:30	43	2:45:30
Schildwiese	13.50	1:24:43	6:16	74	32:17	104	32:17	132.50	12:15:25	5:33	34	3:17:47	40	3:17:47
Brennersgrün	15.90	1:22:36	5:11	31	19:12	35	19:12	148.40	13:38:01	5:30	34	3:35:32	40	3:35:32
Blankenstein	20.30	2:04:46	6:08	88	51:18	127	51:18	168.70	15:42:47	5:35	39	4:26:50	47	4:26:50