



24. Ohratalsperrenlauf
Luisenthal / 31.07.2010

Detailed evaluation

Herda, Uwe

Club: Wölfis
Number: 178

Course: 12.00 km
12 km-Lauf

Category:
Männer M45

Total time: 1:06:26

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 90 (of 186)

Rank in course/Men: 82 (of 154)

Best time in course: 47:00

Rank in category: 18 (of 28)

Best time in the category: 54:58