



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Krause, Enrico

□□□: 25:38:05

□□: Stahnsdorf

□□: 6.28 km/h

□□: 136

□□□□: 9:34 min/km

□□: 160.90 km

□□□□□/□□□□: 124 (of 221)

100MeilenBerlin

□□□□□/□: 111 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 12 (of 15)

Senioren M35 (35-39 Jahre)

□□□□□□□: 16:13:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	46:49	7:27	15	12:13	162	13:29	6.28	46:49	7:27	15	12:13	162	13:29
km 11,32 Behms	5.04	35:16	6:59	15	9:10	147	10:34	11.32	1:22:05	7:15	15	21:23	158	24:03
km 22,10 Lübars	10.78	1:14:53	6:56	15	22:41	129	23:57	22.10	2:36:58	7:06	15	37:54	149	43:47
km 32,52 Naturs	10.42	1:22:46	7:56	15	30:18	156	31:00	32.52	3:59:44	7:22	15	1:06:54	150	1:10:14
km 43,36 Ruderc	10.84	1:42:43	9:28	15	46:29	181	49:55	43.36	5:42:27	7:53	15	1:53:23	165	1:58:16
km 55,35 Schönv	11.99	1:46:00	8:50	15	39:53	165	45:43	55.35	7:28:27	8:06	15	2:29:57	167	2:43:59
km 68,07 Garten	12.72	2:03:19	9:41	14	41:05	149	50:22	68.07	9:31:46	8:23	14	3:10:04	161	3:33:37
km 80,53 Schloß	12.46	2:28:39	11:55	14	1:17:36	167	1:17:36	80.53	12:00:25	8:56	14	4:27:40	163	4:43:17
km 99,65 Geden	19.12	2:34:57	8:06	9	47:12	64	50:14	99.65	14:35:22	8:47	14	5:14:52	143	5:20:20
km 112,75 Sport	13.10	2:01:37	9:17	9	45:38	71	1:54:45	112.75	16:36:59	8:50	14	6:00:30	128	6:00:30
km 124,92 Lichte	12.17	2:17:27	11:17	12	57:06	104	58:41	124.92	18:54:26	9:04	13	6:57:36	119	6:57:36
km 134,98 Buck	10.06	1:30:18	8:58	8	26:25	43	32:49	134.98	20:24:44	9:04	13	7:24:01	115	7:24:01
Test	9.89	2:01:22	12:16	11	47:22	104	58:35	144.87	22:26:06	9:17	12	8:11:23	109	8:22:13
Stadion Lobeckst	16.01	3:11:59	11:59	11	1:13:31	124	1:22:07	160.90	25:38:05	9:33	12	9:24:24	111	9:44:20