



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Abele, Marius**

Club: SSC Hanau-Rodenbach

Number: 259

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 55:25

Speed: 12.67 km/h

Running performance: 4:44 min/km

Rank in course/Total: 15 (of 346)

Rank in course/Men: 15 (of 239)

Best time in course: 51:11

Rank in category: 3(of 26)

Best time in the category: 54:17

### Intermediate times

### Stage score

### Total ranking

| Control          | Intermediate times |            |              |          |             | Stage score |            |          | Total ranking |              |          |             |         |            |
|------------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|                  | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men     | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1            | 3.00               | 11:19      | 3:46         | 2        | 0:18        | 22          | 0:53       | 3.00     | 11:19         | 3:46         | 2        | 0:18        | 22      | 0:53       |
| Lap 2            | 1.00               | 4:24       | 4:24         | 2        | 0:03        | 15          | 0:23       | 4.00     | 15:43         | 3:55         | 3        | 0:16        | 22      | 1:16       |
| Lap 3            | 1.00               | 4:31       | 4:30         | 3        | 0:03        | 14          | 0:25       | 5.00     | 20:14         | 4:02         | 3        | 0:18        | 20      | 1:41       |
| Lap 4            | 1.00               | 5:06       | 5:05         | 2        | 0:08        | 11          | 0:27       | 6.00     | 25:20         | 4:13         | 3        | 0:15        | 18      | 2:08       |
| Last lap Hermann | 2.60               | 12:29      | 4:48         | 1        | -           | 12          | 1:00       | 8.60     | 37:49         | 4:23         | 3        | 0:15        | 16      | 3:08       |
| vor der Schiene  | 2.63               | 15:23      | 5:50         | 3        | 1:04        | 16          | 1:41       | 11.23    | 53:12         | 4:44         | 3        | 1:19        | 15      | 4:13       |
| nach der Schiene | 0.02               | fehlt!     | -            | -        | -           | -           | -          | 11.25    | -             | -            | -        | -           | -       | -          |
| Brocken          | 0.45               | 2:13       | 4:55         | 1        | -           | 5           | 0:05       | 11.70    | 55:25         | 4:44         | 3        | 1:08        | 16      | 55:25      |