



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

heitfeldt, ulrich

Club: lg hannover
Number: 220

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:36:49

Speed: 7.35 km/h
Running performance: 8:10 min/km

Rank in course/Total: 142 (of 272)

Rank in course/Men: 126 (of 232)

Best time in course: 8:54:18

Rank in category: 14(of 25)

Best time in the category: 10:20:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:18:27	7:14	11	46:33	115	1:08:46	27.39	3:18:27	7:14	12		137	1:08:46
Floh-Seligenthal	27.74	3:20:16	7:13	11	44:36	115	1:00:59	55.13	6:38:43	7:13	12		137	2:07:00
Finsterbergen	22.03	3:20:26	9:05	13	59:39	123	1:13:58	77.16	9:59:09	7:45	12		131	3:15:12
Fröttstädt	22.84	3:37:40	9:31	18	1:13:25	149	1:34:00	100.00	13:36:49	8:10	14	3:16:17	126	4:42:31