



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Motzkus, Steffen

Club: Wolfen
Number: 208

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M30 (30-34 Jahre)

Total time: 13:42:11

Speed: 7.30 km/h
Running performance: 8:13 min/km

Rank in course/Total: 145 (of 272)

Rank in course/Men: 128 (of 232)

Best time in course: 8:54:18

Rank in category: 7(of 11)

Best time in the category: 9:08:21

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 3:19:06 | 7:16 | 6 | 55:22 | 120 | 1:09:25 | 27.39 | 3:19:06 | 7:16 | 7 | 51:20 | 139 | 1:09:25 |
| Floh-Seligenthal | 27.74 | 3:15:07 | 7:02 | 5 | 55:50 | 102 | 55:50 | 55.13 | 6:34:13 | 7:09 | 7 | 1:47:10 | 139 | 2:02:30 |
| Finsterbergen | 22.03 | 3:28:19 | 9:27 | 6 | 1:17:47 | 148 | 1:21:51 | 77.16 | 10:02:32 | 7:48 | 7 | 3:04:57 | 133 | 3:18:35 |
| Fröttstädt | 22.84 | 3:39:39 | 9:37 | 7 | 1:28:53 | 157 | 1:35:59 | 100.00 | 13:42:11 | 8:13 | 7 | 4:33:50 | 128 | 4:47:53 |