



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Stephan Keller

Total time: 1:16:57

Club: LSV 07

Number: 201

Course: 25.50 km

Rank in course/Total: 97 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 86 (of 210)

Best time in course: 59:54

Category:

Rank in category: 15(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:39	21:18	14	2:51	74	2:51	0.50	10:39	21:18	38	2:51	211	2:51
Wechsel S -> R	-	2:47	-	16	0:58	100	1:26	0.50	13:26	26:52	38	2:32	211	3:39
Schwimmen Total	0.50	13:26	26:52	38	2:32	211	3:39	0.50	13:26	26:52	38	2:32	211	3:39
Rad netto	20.00	36:04	1:48	12	3:09	67	11:51	20.50	49:30	2:24	38	5:29	211	8:21
Wechsel R -> L	-	1:21	-	22	0:44	144	0:55	20.50	50:51	2:28	38	6:02	211	8:56
Rad Total	20.00	37:25	1:52	15	3:30	74	11:48	20.50	50:51	2:28	38	6:02	211	8:56
Lauf Ziel	5.00	26:06	5:13	21	5:51	129	8:07	25.50	1:16:57	3:01	15	11:30	86	17:03