



Panorama Berglauf
Luisenthal / 08.07.2023

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Heymel, Gerlinde

00: WSV Trusetal

00: 138

00: 12.70 km

12,7 km-Nordic Walking

0000:

weiblich Nordic Walking

000: 1:59:04

00: 6.05 km/h

0000: 9:23 min/km

00000/000: 8 (of 16)

00000/0: 5 (of 13)

000000: 1:40:58

00000: 5(of 13)

0000000: 1:40:58

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Zwischenzeit	6.80	1:05:14	9:35	5	9:51	5	9:51	6.80	1:05:14	9:35	5	9:51	5	9:51
Ziel	6.80	53:50	7:55	5	8:15	5	8:15	12.70	1:59:04	9:22	5	18:06	5	18:06