



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Richter, Konrad

Club: SV Sömmerda

Number: 21

Course: 12.00 km

12 km-Lauf

Category:

Männer M60

Total time: 1:11:03

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 119 (of 186)

Rank in course/Men: 108 (of 154)

Best time in course: 47:00

Rank in category: 8 (of 15)

Best time in the category: 59:46