



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Michel Degenhardt

Total time: 1:14:42

Number: 299

Course: 25.50 km

Rank in course/Total: 71 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 65 (of 210)

Best time in course: 59:54

Category:

Rank in category: 5(of 17)

männliche AK 2 (TM 25)

Best time in the category: 1:05:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:08	24:15	11	3:51	133	4:20	0.50	12:08	24:15	18	3:51	211	4:20
Wechsel S -> R	-	2:54	-	7	1:24	112	1:33	0.50	15:02	30:03	18	5:15	211	5:15
Schwimmen Total	0.50	15:02	30:03	18	5:15	211	5:15	0.50	15:02	30:03	18	5:15	211	5:15
Rad netto	20.00	37:21	1:52	8	5:23	92	13:08	20.50	52:23	2:33	18	7:31	211	11:14
Wechsel R -> L	-	1:02	-	10	0:31	82	0:36	20.50	53:25	2:36	18	7:53	211	11:30
Rad Total	20.00	38:23	1:55	6	5:19	85	12:46	20.50	53:25	2:36	18	7:53	211	11:30
Lauf Ziel	5.00	21:17	4:15	3	1:32	32	3:18	25.50	1:14:42	2:55	5	9:25	65	14:48