



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Makarinas, Robert

Club: ASV Sangerhausen  
Number: 287

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:59:38

Speed: 13.14 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 17 (of 467)

Rank in course/Men: 17 (of 387)

Best time in course: 1:40:22

Rank in category: 5(of 36)

Best time in the category: 1:50:42

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 15:14      | 4:36         | 6        | 2:00        | 28      | 2:43       | 3.30     | 15:14         | 4:36         | 37       | 2:00        | 388     | 2:43       |
| Schlüsie           | 3.10     | 15:59      | 5:09         | 5        | 0:59        | 19      | 2:55       | 6.40     | 31:13         | 4:52         | 37       | 2:46        | 388     | 5:37       |
| Hermannsklippe     | 2.60     | 13:28      | 5:10         | 4        | 0:06        | 12      | 2:07       | 9.00     | 44:41         | 4:57         | 37       | 2:52        | 388     | 7:44       |
| Brocken            | 3.10     | 21:45      | 7:00         | 4        | 0:59        | 12      | 3:58       | 12.10    | 1:06:26       | 5:29         | 37       | 3:17        | 364     | 11:42      |
| Eiserner Handwe    | 3.60     | 14:29      | 4:01         | 3        | 1:44        | 16      | 2:09       | 15.70    | 1:20:55       | 5:09         | 37       | 4:36        | 388     | 13:50      |
| Schlüsie           | 4.10     | 13:59      | 3:24         | 4        | 1:29        | 19      | 2:23       | 19.80    | 1:34:54       | 4:47         | 37       | 6:05        | 388     | 15:49      |
| Loddenke           | 3.10     | 11:22      | 3:39         | 3        | 0:56        | 10      | 1:27       | 22.90    | 1:46:16       | 4:38         | 37       | 7:01        | 384     | 17:05      |
| Ilseburg/Markt     | 3.30     | 13:22      | 4:03         | 9        | 1:56        | 42      | 2:34       | 26.20    | 1:59:38       | 4:33         | 5        | 8:56        | 17      | 19:16      |