



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Schrod, Matthias

Club: CaBas CaBaNauTeN
Number: 223

Course: 42.18 km
Marathon

Category:
Männer M35

Total time: 4:20:32

Speed: 9.71 km/h
Running performance: 6:11 min/km

Rank in course/Total: 111 (of 305)

Rank in course/Men: 104 (of 271)

Best time in course: 3:01:21

Rank in category: 15(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:43	3:25	11	0:34	79	0:34	0.50	1:43	3:25	18		27	
Runde	3.47	19:21	5:34	16	5:08	127	5:50	3.97	21:04	5:18	18		124	
Runde	3.47	19:03	5:29	14	4:36	104	4:49	7.44	40:07	5:23	18		122	
Runde	3.47	19:26	5:36	13	4:34	101	16:17	10.91	59:33	5:27	18		121	
Runde	3.47	20:11	5:48	14	5:02	120	5:50	14.38	1:19:44	5:32	18		119	
Runde	3.47	20:55	6:01	20	5:31	147	6:30	17.85	1:40:39	5:38	18		118	6:37
Runde	3.47	20:30	5:54	14	4:53	110	5:55	21.32	2:01:09	5:40	18		117	34:01
Runde	3.47	21:10	6:05	13	5:40	100	6:38	24.79	2:22:19	5:44	18		117	40:16
Runde	3.47	22:35	6:30	14	6:48	123	8:10	28.26	2:44:54	5:50	18		112	47:37
Runde	3.47	23:56	6:53	17	8:13	135	8:57	31.73	3:08:50	5:57	18		110	55:19
Runde	3.47	24:22	7:01	18	8:35	132	8:55	35.20	3:33:12	6:03	18		106	59:02
Runde	3.47	23:53	6:52	12	8:01	91	8:01	38.67	3:57:05	6:07	18		105	1:11:57
Finish	3.47	23:27	6:45	14	7:51	101	7:51	42.18	4:20:32	6:10	15	1:15:12	104	1:19:11