



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Ziegler, Juergen

Club: Bruchsal
Number: 213

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 4:22:35

Speed: 9.64 km/h
Running performance: 6:13 min/km

Rank in course/Total: 117 (of 305)

Rank in course/Men: 109 (of 271)

Best time in course: 3:01:21

Rank in category: 27(of 57)

Best time in the category: 3:07:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:11	4:21	40	1:02	178	1:02	0.50	2:11	4:21	5		114	
Runde	3.47	18:03	5:12	23	4:32	79	4:32	3.97	20:14	5:05	5		89	
Runde	3.47	17:57	5:10	16	3:41	63	3:43	7.44	38:11	5:07	4		105	
Runde	3.47	18:02	5:11	17	14:53	59	14:53	10.91	56:13	5:09	4		126	
Runde	3.47	18:33	5:20	18	3:41	70	4:12	14.38	1:14:46	5:11	4		124	
Runde	3.47	20:18	5:51	26	5:30	114	5:53	17.85	1:35:04	5:19	4		123	1:02
Runde	3.47	21:00	6:03	27	6:04	125	6:25	21.32	1:56:04	5:26	4		122	28:56
Runde	3.47	22:07	6:22	30	6:57	132	7:35	24.79	2:18:11	5:34	4		122	36:08
Runde	3.47	24:12	6:58	38	8:22	181	9:47	28.26	2:42:23	5:44	2		117	45:06
Runde	3.47	24:31	7:03	34	8:17	160	9:32	31.73	3:06:54	5:53	2		115	53:23
Runde	3.47	25:03	7:13	32	8:21	147	9:36	35.20	3:31:57	6:01	2		111	57:47
Runde	3.47	25:25	7:19	28	8:08	138	9:33	38.67	3:57:22	6:08	2		110	1:12:14
Finish	3.47	25:13	7:16	30	7:48	144	9:37	42.18	4:22:35	6:13	27	1:15:32	109	1:21:14