



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detalizēti rezultāti

Krüger, Randy

Klubs: Heinersdorf

Numurs: 184

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M30 (30-34 Jahre)

Kopējais laiks: 28:24:23

Ātrums: 5.66 km/h

Skrējiena izpildījums: 10:35 min/km

Vieta distancē/Kopā: 156 (no 221)

Vieta distancē/Vīrieši: 139 (no 193)

Distances labākais laiks: 15:53:45

Vieta grupā: 7 (no 10)

Grupas labākais laiks: 18:58:35

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Posma rezultāts | | | | Kopējais rezultāts | | | | | | |
|------------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| km 6,28 Gedenk: | 6.28 | 46:48 | 7:27 | 9 | 10:51 | 161 | 13:28 | 6.28 | 46:48 | 7:27 | 9 | 10:51 | 161 | 13:28 |
| km 11,32 Behms | 5.04 | 35:21 | 7:00 | 9 | 7:53 | 150 | 10:39 | 11.32 | 1:22:09 | 7:15 | 9 | 16:12 | 160 | 24:07 |
| km 22,10 Lübars | 10.78 | 1:14:50 | 6:56 | 10 | 21:10 | 128 | 23:54 | 22.10 | 2:36:59 | 7:06 | 9 | 37:22 | 151 | 43:48 |
| km 32,52 Naturs | 10.42 | 1:22:16 | 7:53 | 9 | 30:30 | 154 | 30:30 | 32.52 | 3:59:15 | 7:21 | 9 | 1:07:52 | 148 | 1:09:45 |
| km 43,36 Ruderc | 10.84 | 1:43:13 | 9:31 | 9 | 50:25 | 184 | 50:25 | 43.36 | 5:42:28 | 7:53 | 9 | 1:58:17 | 167 | 1:58:17 |
| km 55,35 Schönv | 11.99 | 1:45:55 | 8:50 | 9 | 45:38 | 164 | 45:38 | 55.35 | 7:28:23 | 8:06 | 9 | 2:43:55 | 166 | 2:43:55 |
| km 68,07 Garten | 12.72 | 2:03:21 | 9:41 | 8 | 49:40 | 152 | 50:24 | 68.07 | 9:31:44 | 8:23 | 9 | 3:33:35 | 160 | 3:33:35 |
| km 80,53 Schloß | 12.46 | 2:34:57 | 12:26 | 9 | 1:11:28 | 175 | 1:23:54 | 80.53 | 12:06:41 | 9:01 | 9 | 4:45:03 | 166 | 4:49:33 |
| km 99,65 Geden | 19.12 | 3:16:35 | 10:16 | 9 | 1:07:17 | 135 | 1:31:52 | 99.65 | 15:23:16 | 9:15 | 9 | 5:52:20 | 156 | 6:08:14 |
| km 112,75 Sport | 13.10 | 3:01:32 | 13:51 | 8 | 1:26:02 | 154 | 2:54:40 | 112.75 | 18:24:48 | 9:47 | 9 | 6:59:08 | 152 | 7:48:19 |
| km 124,92 Lichte | 12.17 | 2:23:27 | 11:47 | 6 | 36:28 | 125 | 1:04:41 | 124.92 | 20:48:15 | 9:59 | 7 | 7:35:36 | 146 | 8:51:25 |
| km 134,98 Buck | 10.06 | 1:57:04 | 11:38 | 7 | 35:19 | 128 | 59:35 | 134.98 | 22:45:19 | 10:06 | 7 | 8:10:55 | 143 | 9:44:36 |
| Test | 9.89 | 2:31:26 | 15:18 | 8 | 53:03 | 148 | 1:28:39 | 144.87 | 25:16:45 | 10:28 | 7 | 8:50:16 | 144 | 11:12:52 |
| Stadion Lobeckst | 16.01 | 3:07:38 | 11:43 | 7 | 52:33 | 110 | 1:17:46 | 160.90 | 28:24:23 | 10:35 | 7 | 9:25:48 | 139 | 12:30:38 |