



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Alig, Stefan

Club: Straßberg
Number: 107

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:17:09

Speed: 11.37 km/h
Running performance: 5:14 min/km

Rank in course/Total: 76 (of 467)

Rank in course/Men: 70 (of 387)

Best time in course: 1:40:22

Rank in category: 11(of 36)

Best time in the category: 1:50:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:00	5:45	21	5:46	175	6:29	3.30	19:00	5:45	37	5:46	388	6:29
Schlüsie	3.10	19:18	6:13	16	4:18	114	6:14	6.40	38:18	5:59	37	9:51	388	12:42
Hermannsklippe	2.60	16:07	6:11	12	2:45	78	4:46	9.00	54:25	6:02	37	12:36	388	17:28
Brocken	3.10	24:49	8:00	11	4:03	56	7:02	12.10	1:19:14	6:32	37	16:05	388	24:30
Eiserner Handwe	3.60	15:47	4:23	10	3:02	55	3:27	15.70	1:35:01	6:03	37	18:42	388	27:56
Schlüsie	4.10	15:19	3:44	11	2:49	59	3:43	19.80	1:50:20	5:34	37	21:31	300	31:15
Loddenke	3.10	12:36	4:03	10	2:10	53	2:41	22.90	2:02:56	5:22	37	23:41	384	33:45
Ilseburg/Markt	3.30	14:13	4:18	14	2:47	76	3:25	26.20	2:17:09	5:14	11	26:27	70	36:47