



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

**cordon bleu**

Club: Alumni  
Number: 194

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 10:52:58

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course: 638 (of 790)

Best time in course: 6:52:28

Rank in category: 344 (of 477)

Best time in the category: 8:43:10

### Intermediate times

### Stage score

### Total ranking

| Control     | Split km | Split Time | Split min/km | Pos  |       | Behind |         | Total km | Total Time | Total min/km | Pos  |          | Behind |          |
|-------------|----------|------------|--------------|------|-------|--------|---------|----------|------------|--------------|------|----------|--------|----------|
|             |          |            |              | Cat. | Cat.  | Total  | Total   |          |            |              | Cat. | Cat.     | Total  | Total    |
| Hönggerberg | 4.40     |            | 5:47         | 299  | 8:18  | 560    | 9:41    | 4.40     | 25:30      | 5:47         | 1    | 25:30    | 1      | 25:30    |
| Buchlern    | 13.25    |            | 4:44         | 195  | 15:19 | 417    | 19:49   | 17.65    | 1:28:20    | 5:00         | 1    | 1:28:20  | 1      | 1:28:20  |
| Uetliberg   | 6.20     |            | 6:30         | 290  | 11:07 | 544    | 14:43   | 23.85    | 2:08:39    | 5:23         | 1    | 2:08:39  | 1      | 2:08:39  |
| Felsenegg   | 5.90     |            | 4:52         | 87   | 6:08  | 216    | 8:49    | 29.75    | 2:37:25    | 5:17         | 1    | 2:37:25  | 1      | 2:37:25  |
| Buchlern    | 14.02    |            | 4:35         | 77   | 12:39 | 213    | 16:40   | 43.77    | 3:41:53    | 5:04         | 1    | 3:41:53  | 1      | 3:41:53  |
| Hönggerberg | 11.10    |            | 9:09         | 474  | 59:47 | 786    | 1:02:28 | 54.87    | 5:23:30    | 5:53         | 1    | 5:23:30  | 1      | 5:23:30  |
| Irchel      | 5.10     |            | 4:58         | 102  | 6:18  | 256    | 8:38    | 59.97    | 5:48:54    | 5:49         | 1    | 5:48:54  | 1      | 5:48:54  |
| Fluntern    | 6.34     |            | 5:14         | 207  | 9:22  | 435    | 11:27   | 66.31    | 6:22:09    | 5:45         | 1    | 6:22:09  | 1      | 6:22:09  |
| Forch       | 11.30    |            | 5:30         | 282  | 20:47 | 537    | 23:39   | 77.61    | 7:24:28    | 5:43         | 1    | 7:24:28  | 1      | 7:24:28  |
| Egg         | 8.75     |            | 5:57         | 371  | 18:40 | 651    | 19:54   | 86.36    | 8:16:33    | 5:44         | 1    | 8:16:33  | 1      | 8:16:33  |
| Zumikon     | 12.99    |            | 5:31         | 272  | 18:35 | 534    | 24:44   | 99.35    | 9:28:16    | 5:43         | 1    | 9:28:16  | 1      | 9:28:16  |
| Witikon     | 6.91     |            | 4:17         | 69   | 5:46  | 181    | 8:34    | 106.26   | 9:57:52    | 5:37         | 1    | 9:57:52  | 1      | 9:57:52  |
| Fluntern    | 4.90     |            | 5:28         | 235  | 9:59  | 487    | 10:31   | 111.16   | 10:24:42   | 5:37         | 1    | 10:24:42 | 1      | 10:24:42 |
| Control     | -        | fehlt!     | -            | -    | -     | -      | -       | -        | -          | -            | -    | -        | -      | -        |
| Irchel      | -        | fehlt!     | -            | -    | -     | -      | -       | 116.80   | -          | -            | 356  | -        | 657    | -        |